Oswego County Mental Hygiene Services

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Adult Services
Mental Health Supportive Services for Adults

Single Point of Access (SPOA) for Adults- Receives and screens referrals for case management and ACT. Oswego County Division of Mental Hygiene, 100 Spring Street, PO Box 1320, Mexico, NY 315-963-5361 www.oswegocounty.com/dss/mental.html

Local Care Management (Non-Medicaid)- Community based support to facilitate independent living and recovery. Catholic Charities, 806 West Broadway Street, Fulton, NY 315-598-3980 www.ccoswego.com

Health Home Care Management- Community based support to facilitate independent living and recovery.
ACR Health, 627 West Genesee St., Syracuse, NY 13204 Phone: 315-475-2430 Fax: 315-472-6515 http://acrhealth.org/support/care-management
Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com
Hillside Children’s Center, 215 Wyoming St. Syracuse, NY 315-703-8700 www.hillside.com
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3460 www.oswegohealth.org
Oswego County Opportunities, 75 E. First St., Oswego, NY 13126 315-342-7532 www.oco.org

Transition Support Services- Time limited, intense care management assistance to manage complex short-term needs related to successful community living. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Peer Advocacy, Support & Recreation- Consumers of mental health services providing education, support, system advocacy, social and recreational opportunities for other consumers.
ARISE, 9 W. Fourth Ave. Oswego, NY 13126 315-342-4088 www.ariseinc.org
Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Step by Step Wellness Program- Program promotes wellness and recovery, independence in the community, groups, peer supports, advocacy, education and prevocational skills, Transitional Employment, outreach, informational speakers and presentation. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Drop-In Center – Program supports individuals diagnosed with a Mental Illness through their recovery, promotes wellness and combats stigma of Mental Illness. Activities are driven by the participants needs and requests. No mandatory participation or eligibility screening. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Mental Health Transportation Services- Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Ongoing Integrated Employment- Assistance with choosing, getting, and keeping competitive employment through follow along services. Oswego Industries, Career Employment Services (CES), 200 N. Second St., Fulton, NY 13069 315-598-3112  www.oswegoindustriesinc.org

Integrated Competitive Employment- Vocational assessments and paid work in a competitive integrated work setting. Oswego Industries, 7 Morrill Place, Fulton, NY 315-598-3108  www.oswegoindustriesinc.org

Community-Based Family Care- Housing provided in a caring, NYS OMH certified family home. Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Supported Housing- Startup funds, rental stipends, and support services for independent living. Oswego County Opportunities, 239 Oneida St. Fulton, NY 13126 315-592-0793 www.oco.org

Transitional Housing- NYS OMH Certified supervised residence and supportive apartments that prepare individuals for independent living. Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Crisis / Respite Bed- Residential option for adults in need of short-term support in a structured supervised setting. Oswego County Opportunities, 239 Oneida St., Fulton, NY 315-598-9110 www.oco.org

Short-term Crisis Respite for Adults – Located in Oswego County, short-term crisis respite is run in a home-like setting with supports provided by certified Peer Specialists. Services are aimed at helping to reduce emergency department visits or hospitalizations. Liberty Resources, 1045 James St., Syracuse, NY 13203 315-403-3171 www.Library-Resources.org Email: CrisisBeds@Liberty-Resources.org

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Mental Health Clinical Services for Adults

Acute Care Inpatient Unit- NYS OMH Licensed Inpatient treatment for acute symptoms of mental illness Oswego Hospital Health Services, 74 Bunner St., Oswego, NY 13126 315-326-4100 www.oswegohealth.org

Adult Mobile Crisis- The Mobile Crisis Team responds to individuals in crisis and their families either over the phone or in person. Services are designed to assist in the reduction of emergency room visits and ensure everyone receives proper care. Individuals and or their family in need of assistance should call 911, local law enforcement or the Community Services Crisis Line at 315-251-0600 to engage services. For more information please contact Liberty Resources: Theresa Humennyj, LCSW, Regional Mobile Crisis Director: thummerjy@liberty-resources.org

Assertive Community Treatment Team (ACT)- NYS OMH Licensed Non-traditional clinic and care management services. Oswego Hospital Health Services, 74 Bunner Street, Oswego, NY 315-326-4228 www.oswegohealth.org

Emergency Services- Emergency evaluations for acute mental health symptoms. Oswego Hospital Health Services, 74 Bunner St., Oswego, NY 13126 315-326-4100 www.oswegohealth.org
Outpatient Clinics, NYS OMH Licensed- evaluation, individual and group counseling, and psychiatry services
ARISE Child & Family Services, Main Office 113 Schuyler St., Fulton, NY 13069 315-887-5156
(Additional Offices in Oswego & Pulaski)  www.ariseinc.org
Liberty Resources Integrated Health Care (formerly known as the Brownell Center), 1850 County Rte. 57, Fulton, NY  13069 Intake 315-598-4642 ext.129, identify yourself as an Oswego County Resident
www.library-resources.org
Oswego Hospital Behavioral Health Services, 74 Bunner Street, Oswego, NY 315-326-4100
www.oswegohealth.org

Private Practitioners – Evaluation and Counseling Services –
Beacon Psychological Services, 317 West First St., Suite 112, Oswego, NY  13126 315-216-6862
beacon514@hotmail.com
Charles Craigmille, LCSW, 46 E. Oneida St., Oswego, NY 13126  315-695-6900
Counseling & Healing Arts of Oswego County, Inc., 188 S. Third St., Fulton, NY 13126 315-207-5435
Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit
Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344
www.creeksidecounselingservices.com
Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 13126  315-342-0033
Integrative Counseling Services, PLLC, 5 W. Cayuga St., Oswego, NY  13126  315-342-9255

Suicide Prevention- National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial 1-800-273-TALK (8255)
www.suicidepreventionlifeline.org
Suicide Prevention, Local Coalition – To join call 315-963-5361.

Developmental Disability Services for Adults

Access to Services guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services
ARISE, 9 Fourth Ave., Oswego NY 13126 315-342-4088  www.ariseinc.org

Advocacy, Information & Referral
AccessCNY, 1603 Court St., Syracuse, NY 13208  315-455-7591  www.AccessCNY.org
ARISE, 9 W. Fourth Ave., Oswego, NY 13126 315-342-4088  www.ariseinc.org
CNY Developmental Services Office, 5 Tower Dr., Fulton, NY 13069 315-598-6120
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108  www.oswegoindustriesinc.org
Parents of Special Children, 6 County Route 24, Minetto, NY 13115 315-207-2741  www.pscoswego.org
Medicaid Service Coordination- provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108
  http://www.arcofoswegocounty.org/
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
Cayuga Centers, Pathfinder 44 Bldg., 44 E. Bridge St., Suite 312, Oswego, NY 13126 315-591-7004
  www.cayugacenter.org
Oswego County Opportunities, 18 E. Cayuga St., Fulton, NY 13069 315-432-7532 www.oco.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Family Support and Services- goods, services and subsidies that assist families of people with disabilities
AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustries.org
Parents of Special Children, 6 County Route 24, Minetto, NY 13115 315-207-2741 www.pscosweogo.org

Respite Reimbursement- reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.
ARISE, 9 Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org
Parents of Special Children, 6 County Route 24, Minetto, NY 13115 315-598-7672 www.pscosweogo.org

Mentoring- One to one relationships through the use of voluntary supportive peers.
Person to Person Citizen Advocacy, PO Box 551, Fulton, NY 13069 315-593-2303 www.ppcadvocacy.org

Day Habilitation- formalized planned activities designed to enhance the abilities and skills of the participant which may include personal, social and work preparation activities. Services may be provided at an agency or in the community, in a group or individual basis.
ARC of Oswego County, 314 Park Street, Fulton, NY 13069 315-598-6007 www.arcofoswegocounty.org
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Community Habilitation- provides community based services focusing on building independent living abilities, skills and integration into the community.
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Clinical Services- Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.
Madison/Cortland ARC (Article 16 Clinic), 7 Morrill Place, Fulton, NY 13069 www.arcofmc.org
  315-598-3108 www.arcofmc.org/clinical-services1

Free Standing Respite- planned day, evening or overnight stays away from a person’s home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- provides families of persons with disabilities temporary relief from caregiving responsibilities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
YMCA, 249 W. First St. Oswego, NY 13069 315-343-4321 www.oswegoymca.org/Social_Services.php

Supported Employment- provides varying levels of support in obtaining/maintaining a competitive job placement in the community.
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Vocational Assessment- evaluations to determine strengths and interests to assist in career development. Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Workshop- Vocational assessment trainings and paid work in a protective and non-integrated work setting. Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Home Modifications- adaptations to the home that are necessary to maintain or increase ability to live at home with independence.
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Assistive Technology- equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.
AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Residential Services-
Oswego County Opportunities, 239 Oneida Street, Fulton, NY 13069 315-598-4710 http://www.oco.org/
Central New York Developmental Disabilities Services Office,

Substance Abuse and Addiction Services for Adults

Clinical Services - Outpatient Clinics, NYS OASAS Licensed provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.
COCOAA, 53 E. Third St., Oswego, NY 13126 315-342-2370 & 4 Tower Drive, Fulton, NY 13069 315-598-6707 www.cocoaa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org

Regional Open Access Center for Addiction (ROACA), Immediate help and access to treatment for people with addictions. No one turned away, transportation available. 329 North Salina St., Syracuse, NY 13203 315-471-1564

Opioid Treatment Program- Provides medication assisted treatment that combines behavioral therapy and medications to treat substance use disorders. Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 www.farnhaminc.org
Housing - NYS OASAS Certified structured and supportive housing for adults transitioning to abstinent (drug and alcohol free) living, community residence and apartments. Oswego County Opportunities, 53 Hall Rd., Hannibal, NY 13074  315-564-5506 www.oco.org

Recovery Support Services- Support Services, various support groups are available throughout the county for individuals who are in recovery from an addiction to alcohol or narcotics. Group listings are available at:
Alcoholics Anonymous Hotline 315-463-5011
Prevention Network - Family Support Navigators - 518-487-4395
Narcotics Anonymous Hotline 315-472-5555

Peer Engagement Services – Utilizing lived recovery experiences, Certified Recovery Peer Advocates engage individuals with substance use disorders, their families and providers who have experienced barriers to accessing treatment for substance abuse. Syracuse Behavioral Healthcare-Center of Treatment Innovation (COTI) 329 North Salina St., Syracuse, NY  315-471-1564.

Peer Support Services – A person centered, strength focused service available to individuals enrolled in Outpatient Treatment Services, delivered by an individual credentialed as a Certified Recovery Peer Advocate. The Peer Advocate may provide an array of services including but not limited to: raising awareness of existing social and other support services, modeling coping skills, providing non-clinical crisis support, especially after periods of hospitalization or incarceration, working with participants to identify strengths, linking participants to formal recovery supports, and educating program participants about various modes of recovery.
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org
COCOAA, 53 E. Third St., Oswego, NY 13126 315-342-2370 and 4 Tower Dr., Fulton, NY 13069 315-598-6707 www.cocoaa.org

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Children’s Services

Children's Mental Health Matters!

Mental Health Supportive Services for Children

Single Point of Access (SPOA) for Children- Receives and screens referrals for Care Management, Family & Youth Support Services, Planned Respite, Residential Placements, and HCBS Waiver Program. Provides information on additional mental health programs as needed. Oswego County Division of Mental Hygiene, 100 Spring St. PO Box 1320, Mexico, NY 315-963-5361 www.oswegocounty.com/dss/mental.html
Local Care Management (Non-Medicaid) - Community-based services designed to promote family engagement, independence and wellness for children with serious emotional disturbances and their families.
Oswego Health Care Management, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3561
www.oswegohealth.org

Home and Community Based Services Waiver- Seeks to reduce the risk of psychiatric out of home placement for youth by increasing the functioning level of the youth and his/her family.
Hillside Children’s Center, 215 Wyoming St., Syracuse 13204 315-703-8700 info@hillside.com or www.hillside.com

Planned Respite- Scheduled respite provided to children with severe emotional disturbances in a Hillside certified foster home. Hillside, 215 Wyoming St., Syracuse, NY 13204 315-703-8700 www.hillside.com
Cayuga Centers, 100 Spring Street, PO Box 1320, Mexico, NY 13114 315-253-5383


Children’s Crisis Respite – short-term (up to 3 days; requests for extensions can be made based on bed availability and authorization). Services can be accessed through Child SPOA Coordinator, Director of Community Services or Children’s Mobile Crisis. Serves ages 10-18. Provides for both Crisis and Planned Respite. Cayuga Centers, 101 Hamilton Ave., Auburn, NY 13021 315-253-5383
www.cayugacenters.org

Mental Health Transportation Services- Transportation services for adults and children with mental health diagnosis to various appointments. Catholic Charities, 806 W. Broadway, Fulton, NY 315-598-3980 www.ccoswego.com. Referrals come through SPOA


Children’s Health Home Care Management- Community based support to assist children & families to develop skills to manage overall health and wellness.
Catholic Charities, 806 W. Broadway, Fulton, NY 315-598-3980 www.ccoswego.com
Hillside Children’s Center, 215 Wyoming St. Syracuse, NY 315-703-8700 www.hillside.com
Liberty Resources Integrated Health Care, 1850 County Rte. 57, Fulton, NY 13069 Intake 315-598-4642 ext.129, identify yourself as an Oswego County Resident www.liberty-resources.org
Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13142 315-326-3460.
Mental Health Clinical Services for Children

Children's Mobile Crisis - The Mobile Crisis Team responds to individuals in crisis and their families either over the phone or in person. Services are designed to assist in the reduction of emergency room visits and ensure everyone receives proper care. Individuals and or their family in need of assistance should call 911, local law enforcement or the Community Services Crisis Line at 315-251-0600 to engage services. For more information please contact Liberty Resources: Theresa Humennyj, LCSW, Regional Mobile Crisis Director: thumennyj@liberty-resources.org

Emergency Services- Oswego Hospital Emergency Department, 110 West Sixth St., Oswego, NY 315-349-5522  www.oswegohealth.org

Outpatient Clinics, NYS OMH Licensed- evaluation, counseling and psychiatry services, medication management.
ARISE Child & Family Services – Main Office 113 Schuyler St., Fulton, NY 13069  315-887-5156
(Additional Offices in Oswego & Pulaski)  www.ariseinc.org
Liberty Resources Integrated Health Care (formerly the Brownell Center), 1850 County Route 57, Fulton, NY 13069  Intake 315-598-4642 ext. 129, identify yourself as an Oswego County Resident  www.liberty-resources.org
Oswego Hospital Child & Family Services, 98 N. Second St. Suite 100, Fulton, NY 13069 315-326-3555  www.oswegohealth.org

School-Based Mental Health Clinics, NYS OMH Licensed- satellite clinics providing evaluation, counseling and psychiatric services.
ARISE, provided in the following schools: Central Square K-8. Intake Line: 315-671-2955
 www.ariseinc.org
Oswego Health Child & Family Services, provided in the following schools:
Central Square Paul V. Moore High School, Fulton Junior and Fulton Senior High School, Hannibal Kenney Middle School, Hannibal High School, Oswego Fitzhugh Elementary School
Contact Main Clinic Phone at 315-326-3555 for more information / www.oswegohealth.org

Suicide Prevention- National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis.
If you need help, please dial 1-800-273-TALK (8255)  www.suicidepreventionlifeline.org

Children's School Based Day Treatment - Stepping Stones Day Program. A collaboration between Oswego CITI and Hillside Children’s Center. Fourth St School, Fulton, NY 315-593-8608

Private Practitioners- Evaluation and Counseling Services –
Beacon Psychological Services, PLLC 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862
Charles Craigimile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900
Counselling & Healing Arts of Oswego County, Inc. 188 South Third St., Fulton, NY 13126 315-207-5435.
Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344
 www.creeksidecounselingservices.com
Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 315-342-0033
Integrative Counseling Services, PLLC., 5 W. Cayuga St., Oswego, NY 315-342-9255
Developmental Disability Services for Children

Advocacy, Information and Referral
AccessCNY, 1603 Court St., Syracuse, NY 13208  315-455-7591  www.AccessCNY.org
ARISE, 9 W. Fourth Ave., Oswego, NY 13126  315-342-4088  www.ariseinc.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069  315-598-3108  www.arcofoswegocounty.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069  315-598-6120
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 315-207-2741  www.pscoswego.org

Access to Services- guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services. ARISE, 9 Fourth Ave., Oswego NY 13126  315-342-4088  www.ariseinc.org

Support Groups- For individuals with a disability, or their caregivers and/or siblings. ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088  www.ariseinc.org

Medicaid Service Coordination- provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069  315-598-3108  www.arcofoswegocounty.org
ARISE, 9 W. Fourth Ave., Oswego, NY 13126  315-342-4088  www.ariseinc.org
Oswego County Opportunities, 18 E. Cayuga St., Oswego, NY 13126 315-342-7532  www.oco.org
Cayuga Centers, 44 Bridge St., Pathfinder Building, Oswego, NY 13126 315-253-5383  www.cayugacenters.org

Clinical Services- Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.
Madison/Cortland ARC (Article 16 Clinic), 7 Morrill Place, Fulton, NY 13069  www.arcofmc.org
315-598-3108  https://www.arcofmc.org/clinical-services1

Early Intervention- provides services to children from birth to two years of age who may not yet meet the OPWDD criteria, activities include pre-academic skills, social interaction skills, self-care skills and infant stimulation. The Oswego County Health Department is a single point of entry in which all early intervention referrals enter.
Liberty Resources Integrated Health Care, 1850 County Route 57, Fulton, NY 13069 - Intake 315-598-4642 ext. 129,  identify yourself as an Oswego County Resident  www.liberty-resources.org
Little Luke’s- 10 Burkle St., Oswego, NY 13126  315-342-4600, Castle Drive, Pulaski, NY 315-298-5070, 706 South 4th St., Fulton, NY 13187-5250  www.littlelukes.com/contact.html
Oswego County Health Department- Early Intervention, 70 Bunner St., Oswego NY 13126  315-349-3510  
Pemberton Associates – 315-963-0864 – Provides Aquatic Program through Early Intervention, Preschool, Special Education and privately through services of a Physical Therapist.
The Rowland Center for Early Intervention Services and Preschool Special Education Services- 315-786-7202 - 120 Washington St, Suite 306, Watertown, NY 13601

Community Habilitation- provides community based services focusing on building independent living abilities, skills and integration into the community.
ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088  www.ariseinc.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108  www.arcofoswegocounty.org
Family Support and Services- goods, services and subsidies that assist families of people with disabilities. *ARC, PSC and ARISE have FSS reimbursement.
ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 315-207-2741 www.pcoswego.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustries.org

Home Modifications- adaptations to the home that are necessary to maintain or increase ability to live at home with independence.
ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Assistive Technology- equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.
AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Free Standing Respite- planned day, evening or overnight stays away from a person’s home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- services that provides families of people with disabilities temporary relief from caregiving responsibilities.
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org (summer camp & in-home only)
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
Parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 315-207-2741 www.pcoswego.org
YMCA, 249 West First St. Oswego, NY 13069 315-343-4321 www.oswegoymca.org/social_services.php

Respite Reimbursement- reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.
_parents of Special Children, 2-C Tower Drive, Fulton, NY 13069 315-207-2741 www.pcoswego.org
ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088

Mentoring- One to one relationships through the use of voluntary supportive peers.
Person to Person Citizen Advocacy, PO Box 551 Fulton, NY 13069 315-593-2303 www.ppcadvocacy.org

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Substance Abuse and Addiction Recovery Services for Children

Outpatient Clinics, NYS OASAS Licensed - Provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.
Farnham Family Services, 283 W. Second St., Oswego, NY 13126  315-342-4489 & Schuyler St.
Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069  315-593-0796 www.farnhaminc.org

Regional Open Access Center for Addiction (ROACA)- Immediate help for people with addictions and immediate access to treatment. Transportation coordination available. 329 North Salina St., Syracuse, NY 13203  315-471-1564

Prevention Services- Provides prevention and intervention services to individuals, groups, schools, organizations, and the general public.
COCOAA, 53 E. Third St., Oswego, NY 13126  315-342-2370 and 4 Tower Dr., Fulton, NY 13069  315-598-6707 www.cocoaa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126  315-342-4489 113 Schuyler St.
Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069  315-593-0796 www.farnhaminc.org

Oswego County Opportunities Youth Clubhouse - The Clubhouse provides for peer-driven supports and services that encourage a drug-free lifestyle. The Clubhouse offers services to youth from 12-21 yrs, of age who are either in recovery or at risk for substance use. Oswego County Opportunities, Inc., Health Education, 239 Oneida St., Fulton, NY 13069 315-342-7532 www.oco.org

Other Support Services

Pregnancy Prevention & Services- A comprehensive array of services for women of reproductive age as well as pregnant and parenting teens.
Oswego County Opportunities, OPTIONS, 18 E. Cayuga St., Oswego, NY 13126  315-342-7532 www.oco.org
Oswego County Opportunities, Health Education, 239 Oneida St., Fulton, NY 13069 315-592-0810 www.oco.org

SAF - Abuse & Assault Services- Accepts calls 24/7 including county collect calls. Assists victims of violence and sexual assault.
SAF Oswego County Opportunities, 315-342-1600 www.oco.org
Child Advocacy Center, 163 South First Street, Fulton, NY 13069  315-592-4453
Oswego County Opportunities 315-342-1600 www.oco.org

Emergency and Homeless Services- Assists homeless, runaway and youth in need of emergency services.
Oswego County Opportunities, Midtown Plaza, Oswego, NY 13126 315-342-7618 or Toll Free 1-877-342-7618 www.oco.org
Pregnancy Prevention & Services- A comprehensive array of services for women of reproductive age as well as pregnant, and parenting teens.

Oswego County Opportunities, OPTIONS, 18 E. Cayuga St., Oswego, NY 13126 315-342-7532
www.oco.org

Oswego County Opportunities, Health Education, 239 Oneida St., Fulton, NY 13069 315-592-0810
www.oco.org

If you have questions about any of the mentioned services, please contact:

Oswego County Division of Mental Hygiene
Department of Social Services
(315) 963-5361
100 Spring Street / P.O. Box 1320
Mexico, NY 13114
www.oswegocounty.com/dss/mental.html

An extensive list of additional services may be found in the Community Services Directory at
www.co.oswego.ny.us

To report any changes or request additional copies of this directory please call
(315) 963-5361
Additional Websites

New York State Family Resources - Parenting resources: www.nysfamilyresources.org

National Suicide Prevention Lifeline - A 24-hour suicide prevention service available to anyone in suicidal crisis: www.suicidepreventionlifeline.org

Family Guide - Emphasizes the importance of family, promotes mental health, and helps prevent underage use of alcohol, tobacco, and illegal drugs: www.samhsa.gov

National Alliance on Mental Illness - Providing support, education, and advocacy for people with mental illness and their families: www.nami.org

National Eating Disorders Association - Education, resources and support to those affected by eating disorders: www.nationaleatingdisorders.org

Parent to Parent of NYS - Connecting and supporting families of individuals with special needs: www.parenttoparentnys.org

Option Line - Answers to concerns or questions about pregnancy, abortion and related issues: www.optionline.org

KidsHealth - Provides accurate and up-to-date health information about children: www.kidshealth.org

National Runaway Switchboard - National communication system for runaway and homeless youth: www.1800runaway.org


NYS OASAS – Search for Provider - https://findaddictiontreatment.ny.gov/

NYS OPWDD – Front Door to Services - https://opwdd.ny.gov/welcome-front-door/home

211 https://211cny.com/